



# National Commission for Protection of Child Rights (NCPDR)

**CELEBRATING**  
**#ParikshaParv**  
परीक्षा एक उत्सव है, परीक्षा को ऐसे लीजिए जैसे मानो एक त्यौहार है।

*“Pariksha Parv 2.0”*



# About NCPCR



- The National Commission for Protection of Child Rights (NCPCR), a statutory body under the administrative control of the Ministry of Women and Child Development, GOI, was set up in March 2007 under the Commissions for Protection of Child Rights (CPCR) Act, 2005.
- The Commission's Mandate is to ensure that all Laws, Policies, Programmes, and Administrative Mechanisms are in consonance with the Child Rights perspective as enshrined in the Constitution of India and also the UN Convention on the Rights of the Child to which India is signatory since 1992.



सत्यमेव जयते



# Functions of NCPCR under Section 13(1) of CPCR Act, 2005

- ❑ Examine and review the safeguards provided by or under any law for the protection of child rights and recommend measures for their effective implementation;
- Inquire into violation of child rights and recommend initiation of proceedings in such cases;
- Study treaties and other international instruments and undertake periodical review of existing policies, programmes and other activities on child rights;
- Undertake and promote research in the field of child rights;



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## Functions of NCPDR under Section 13(1) of NCPDR Act, 2005

- Spread child rights literacy among various sections of the society;
- Inspect any juvenile custodial home, or any other place of residence or institution meant for children;
- Inquire into complaints and take ***suo-motu*** notice of matters relating to- deprivation and violation of child rights, non-implementation of laws and take up such issues with appropriate authority

# Powers of NCPCR under Section 14 of the CPC Act, 2005



The Commission, while inquiring into any matter has all the powers of a civil court trying a suit under the Code of Civil Procedure, 1908 and, in particular, in respect of the following matters, namely:-

- ❑ Summoning and enforcing the attendance of any person and examining him on oath;
- ❑ Discovery and production of any document;
- ❑ Receiving evidence on affidavits;
- ❑ Requisitioning any public record or copy thereof from any court or office;



# Background



- ❑ National Commission for Protection of Child Rights had launched a month long campaign # **Pariksha Parv** during the exams period in 21<sup>st</sup> February-15<sup>th</sup> March, 2019.  
(<https://www.ncpcr.gov.in/index1.php?lang=1&level=0&linkid=113&lid=1879>)
- ❑ This Campaign was intended to change the outlook/perspective of children towards exams and to provide expert advice on exam related stress and anxiety.
- ❑ **The campaign entailed the following-**
  - ❖ Live Streaming of Q & A sessions with renowned experts- Psychiatrists/Psychologists, Motivational Speakers etc through Facebook/Twitter/YouTube of NCPCR
  - ❖ Radio Spots/Jingle broadcast through AIR (Vividh Bharti).



#ParikshaParv			
Schedule for Live Streaming Sessions			
S.No	Expert	Designation/Organization / Profile Link	Date/Time of Live streaming session at NCPCR
1.		Dr. Nimesh G Doshi Director Institute of Human Behaviour & Allied Sciences (IHIDAS), New Delhi <a href="http://www.iihig.ac.in/our-existence/our-ibid/11014444999/structure-profile">http://www.iihig.ac.in/our-existence/our-ibid/11014444999/structure-profile</a>	21 <sup>st</sup> February, 2019 (Thursday) 3:00-4:00 pm
2.		Dr. Jyendra Negpal Sr. Consultant Psychiatrist and Head Inst. of Mental Health and Life Skills Promotion & Institute of Child Development and Adolescent Health, Moolchand Modernity, New Delhi <a href="http://www.hmhindia.com/Doctors/Jyendra-Negpal/">http://www.hmhindia.com/Doctors/Jyendra-Negpal/</a>	22 <sup>nd</sup> February, 2019 (Friday) 3:00-4:00 pm
3.		Mrs. Anita Wadia Bakhita Sr. Clinical Psychologist Saarthak Mental Health Service New Delhi	23 <sup>rd</sup> February, 2019 (Thursday) 3:00-4:00 pm

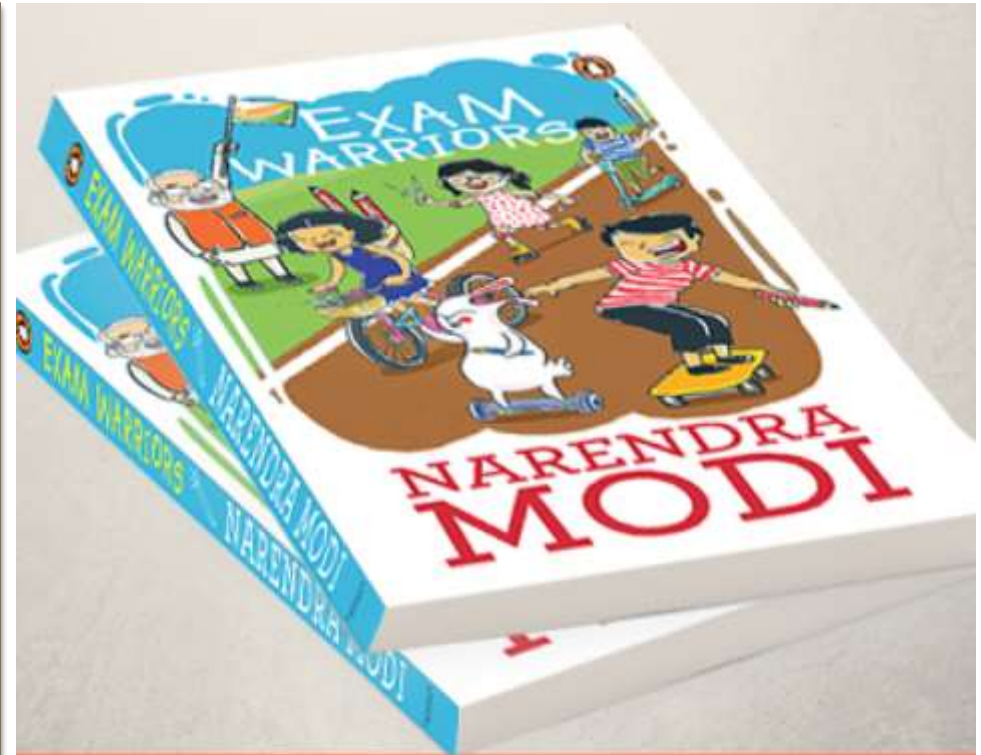




# Background



- ❑ *Pariksha Pe Charcha* by Hon'ble Prime Minister.
- ❑ Discussed ways to handle the exam stress in an interactive session with school students, teachers and parents.
- ❑ Urged his young friends to *always keep the student in them alive*.
  
- ❑ Hon. PM said that *yoga is a wonderful medium to increase the concentration*.
  
- ❑ He advised the students *to practice yoga asanas of their choice*.



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## EXAM WARRIORS

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This book is for all students who are appearing for examinations



# *Pariksha Parv 2.0 Campaign*



## Objective-

- To create sensitization on the issue of stress in students due to exams.
- Promote counselling and positive perception.
- To change the outlook/perspective of children towards exams and to bring positive impact through social media platform
- To provide expert advice on exam related stress and anxiety in children.
- To compile a compendium of local level counsellors/psychologists and to be made available to all concerned especially children.
- Reach out to students, teachers and parents.





## *Pariksha Parv 2.0-*



### **❑ Phase- I**

- Begin in January, 2020

### **❑ State level and District level: Sensitization and Orientation Program-**

- NCPCR and SCPCRs in collaboration with SCERT to conduct orientation Programmes for Head/Principals of DIETs & Higher Secondary Schools.
- Head/Principals of DIETs & Higher Secondary Schools and hostels further sensitize teachers, parents and students.
- Press conference by SCPCR to promote campaign



# *Pariksha Parv 2.0-*



## **Phase-II**

- ❖ Live Streaming of Q & A sessions with renowned experts- Psychiatrists/Psychologists, Motivational Speakers etc through Facebook/Twitter/YouTube of NCPCR from 10<sup>th</sup> Feb. 2020 to 31<sup>st</sup> March, 2020.
- ❖ Radio Spots/Jingle broadcast through AIR (Vividh Bharti) from 05<sup>th</sup> Feb. 2020 onwards.
- ❖ IEC material such as Dos and Don'ts for teachers and Parents may also be distributed.



## *Pariksha Parv 2.0-*



- **Activities to be undertaken**
- ❑ Link to be uploaded on the website of State Education Department and Schools.
- ❑ IEC, schedule of the programme, checklist for students and other material to be disseminated in all schools, Hostels, CCIs, SMCs, PTA meetings etc.
- ❑ Ensure all the schools display the IEC on their notice boards and distribute among student, teachers and parents.
- ❑ Schools shall make arrangements for showing the videos from *Pariksha Parv 2019* to the students.
- ❑ Ensure maximum participation of students at schools and CCIs across State and District level by disseminating awareness about the campaign through social media and mediums of mass communication.



## *Pariksha Parv 2.0-*



- **Activities to be undertaken**
- ❑ Encourage students to join NCPCR's live streaming session to address their queries pertaining to exams stress at-  
[http://twitter.com/NCPCR\\_](http://twitter.com/NCPCR_)  
<http://www.facebook.com/NCPCR.official>  
[NCPCR - YouTube](#)
- ❑ Ensure provisions of necessary technical support and logistics at schools and CCIs to participate in Facebook/Twitter live streaming of dialogue with experts.
- ❑ Follow NCPCR's website- <http://ncpcr.gov.in>, Twitter account and Facebook Page.

# THANK YOU

